



***Welcome to the Family:***  
***The New Disciple's Handbook***



## **WELCOME TO THE FAMILY!**

Praise the Lord and congratulations on making the decision to love and follow Jesus as your God, Savior and Lord. You've begun an awesome journey to get closer to and become more like Jesus for the same reason you put your faith in Him—He has every thing you need for today and eternity.

What's cool is that you're not alone! Jesus put you into His family, a family of believers just like you, who are also learning how to live their faith in everyday life. This means we're all on journey to listen to and follow Jesus every day everywhere, not just when we come to a church service.

This process means that we're committing ourselves to three things: loving Jesus through our daily decisions, becoming like Jesus in character and sharing Jesus with others about what He's done for us. As we do this we'll become healthy Jesus believers who make more and healthy believers. And yes, that includes you!

Therefore, it's my desire to help you become a healthy Jesus believer. Now, I know you've probably got questions about what it means to be a Christian or how to get going on your journey. This is the purpose for this booklet. I want you to join with other Jesus believers on this most exciting journey to love and become more like Jesus and experience all the good stuff He has for you!

Welcome to the family!

***Pastor Chris***



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## TABLE OF CONTENTS

In order to help you remember what it means to become a healthy Jesus believer, here's an easy to remember acronym: **DNA**. D stands for **Divine** truth – *loving Jesus* with each choice to follow Him and His Word – the Bible (John 10:27; 14:6). N stands for **Nourishing** relationships – *becoming like Jesus* with other Jesus followers (Matthew 28:19). And A represents **Accomplishing** Jesus' Mission – *sharing Jesus* with others about what He's done for you (Acts 1:8).

This booklet then is divided into these 3 sections:

### **Section 1: Divine Truth—Loving Jesus**

Chapter 1: Love Jesus for What He has Done for You	4
Chapter 2: Let Go of Your Past to Enjoy the Present	8

### **Section 2: Nourishing Relationships—Becoming Like Jesus**

Chapter 3: Love Him More Every Day	13
Chapter 4: Be a Participant in Sharing Jesus' Love Within the Family	16

### **Section 3: Accomplish Jesus' Mission—Sharing Jesus**

Chapter 5: Be a Participant in Sharing Jesus' Love Outside the Family	21
Chapter 6: Follow the Spirit's Leading	24

### **Appendix:**

A: Your New Identity	26
B: Starting a Bible Impact Group	27
C: Spiritual Gifts	28

## **Chapter 1**



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### **LOVE JESUS FOR WHAT HE HAS DONE FOR YOU**

#### **You are a child of God**

In next three chapters, I want to introduce you to a number of important truths about yourself. In this chapter, I want you to understand that you became somebody new the moment you decided to believe what Jesus did for you. At that moment, you became child of God (John 1:12).

As a child of God you have a new Father who loves you and wants you to draw closer to Him without the fear of being rejected or feeling like a failure. How can this be true? First, God the Father sent Jesus to die for you when you were at your worst (Romans 5:8). Nothing about your life caused the Father to love you. In fact, since He loved you when you acted and looked your worst, what can you possibly do now that would make Him stop loving you? If you answered, “nothing,” you were correct.

Second, your Father sent Jesus to die for you when you were a total failure (Romans 5:5). Before you became His child, you simply could not become the person He demands you to be. So what happens if you fail today to be the person God wants you to be? You’re **still** His child!



Third, Jesus came to die for you while you weren’t even close to loving your new Father (1 John 4:10). Thus, your relationship with God is not dependent on your love for Him, but His for you. He loved you even when you didn’t love Him. So how can your loss or lack of love change how He feels toward you? It can’t!

Romans 8:38,39 states it best. “For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God, that is in Christ Jesus our Lord.”

Do you see the wonderful truth in those verses? There is nothing you did, or didn’t do; nothing you do or don’t do; nothing you will do or will not do; and/or nothing that someone else has done to you or you have done to yourself or others that will ever keep your new Father from loving you. Yes, you may disappoint Him at times by your choices, but He will always be there ready to give you a hand up in order to try again. You’re His child whom He loves tremendously.

#### **You have a new identity**

Next, being a child of God means you have a new identity (See Appendix A: *Your New Identity*). As God’s child, your past no longer counts. You are forgiven. You are accepted. You belong to someone who loves you intensely. As God’s child, your future is secure no matter what you do today. You belong to Him – period. You can live and make the right choices in the present because your Father gave you the ability to make those right choices (2 Peter 1:4).

As God’s child, it’s because of **who you are, not what you do** that sets you free from your past. Right now, from the beginning of your journey to love Jesus, start telling yourself the truth. “As a child of God, I can think correctly and make better choices today because I have Jesus living inside me showing me what choices to make.” (1 Corinthians 2:16)

It is crucial for you to understand this truth. If you want to live as a “victor” instead of a “victim”, you must start believing this truth about yourself. You must stop listening to the old thoughts such as: “I

am a loser.” “I am a failure.” “I can’t live responsibly.” Or, “I have to keep some list of rules for God to love me.” “I have to work hard to please God.” No, you must throw those thoughts away like you would the garbage. Let Jesus change your thinking by listening to what He has to say. This is the only way you’re going to experience real life in the here and now. The question is, “Will you focus on the truths Jesus gives you in order to be set you free or the lies that will destroy you (John 8:32)?”



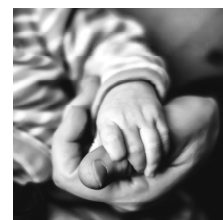
Ask yourself, “When I talk to myself, what do I say?” Jesus not only wants you to know the truth, but it’s His desire for you to keep telling yourself and obeying the truth as well (Joshua 1:8). Are you saying, “I can’t,” when the your new Father says “you **can** do all things through Christ who gives you strength” (Philippians 4:13)? Are you telling yourself, “I am a failure,” when the your new Father says you are “a **conqueror** in all things through Christ” (Romans 8:37)? Are you telling yourself, “I am weak and must give in,” when the Bible says, “The Lord is my **strength** and I can take positive action steps” (Psalm 27:1; Daniel 11:32)?

### **Speak to Yourself Truthfully—the FREEdom Process**

Victory comes through living out the truths Jesus gives you from the Bible. How do you do that? Use what I call the **FREEdom** process. When you read the Bible, don’t try to understand everything you read. Simply learn to hear Jesus talking with you. When you come across a truth that hits home to you from the verses you’re reading, focus on it and use that truth in your daily choices. How? Throughout your day, **Freeze** frame the thoughts coming into your brain (Romans 12:2; 2 Corinthians 10:5) and **Run** them by the truths Jesus gives you. Ask the Spirit, “Do they agree or disagree with this truth?” If your thoughts disagree with them, they’re from your new enemy, Satan. **Expose** his lies, throw them away like you would stinky garbage and tell him to leave. Don’t think about them anymore by **Exchanging** or choosing to focus on the thoughts Jesus gave you (Philippians 4:8). Understand, though, if your thoughts agree with this truth, they’re from your new Father, who loves and only wants what’s best for you. At this point ask the Spirit to give you the strength to **Exercise** or obey those truths. As you do, your life will change for the better!

I know that sounds easy; and, in a way, it is. However, you must understand you become what you focus on and what you focus on only gets bigger. Negative thoughts drag you down; whereas truth helps you soar above life’s challenges. As a child of God, you now have the ability to soar (Roman 6:13). You’re no longer a helpless victim held captive to your urges, habits or thought life. You are a victor in Jesus.

And, as a victor, you can make choices to use the **FREEdom** process to draw closer to Jesus and bring joy to your heart and a smile to your face. Because you’re a child of God, you can live and stay free from all the “drugs of choice” (you’ll learn more about this by taking the *More Than a Sunday Faith: Thinking Critically Using Scripture to Listen to and Follow Jesus* class in the Discipleship Training Center) that destroy your life. Will you make mistakes along the way? Sure. But regardless of what you do or don’t do, you’re still God’s child, whom He loves very much.



Focus on the only activity that has any lasting value – becoming like Jesus with each and every choice. We love Him because He’s taken off the pressure to perform. We follow/obey Him because we trust what He’s telling us is best for us.

### **You Have a New Way of Living**

There is another crucial concept for you to grasp on your journey to healthy faith in Jesus. It’s foundational to all that you will do from now on. It’s called faith. You became a child of God through faith (Ephesians 2:8); and you will grow as a child of God by faith (Hebrews 11:6; Romans 1:17).



Therefore, let's discover what faith is. The Bible defines faith as the assurance and certainty that God will do exactly what He says He will do (Hebrews 11:1). As a child of God, do you trust your new Father to only tell you the truth and ask you to do things that will make your life better? If you don't, you will never follow Him. This is why Hebrews 11:6 states "and without faith it is impossible to please God, because anyone who comes to Him must believe that He exists *and* that He rewards those who earnestly seek Him" (emphasis added).

In reality, you wouldn't even bother with God if you thought He didn't exist or would harm you. You wouldn't be reading this booklet today if you thought there was no God. But it starts here: do you believe that He, and not you, is God? This means realizing you don't have the answers needed to make your life better tomorrow, let alone today. This is the reason you turned to Jesus in the first place. You realized you could not save yourself and needed His help (Romans 10:8,9).

### **The Tough Part**

Once you settle that issue, the tough part of your journey begins — daily living by faith. This means surrendering your way of thinking and living to Him. This is called "being filled" or "keeping in step" with the Spirit (Ephesians 5:18; Galatians 5:25). As you make a choice based on faith in what Jesus says to do, even when it doesn't feel or appear right to you at the moment, you're trusting Him. Making these contrary choices to follow Him is what faith is all about. As you make them, though, you will experience all the good stuff Jesus has for you — "love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control" (Galatians 5:16,22) — everywhere you go throughout your day.



As God's child, do you believe Jesus only wants what is best for you? If so, now is the time to trust Him to reward you for earnestly seeking Him. This is also what faith means: believing there are benefits in following God. No one in their right mind would ever want anything to do with God if they thought He was likely to hurt them. Instead, they'd try to get away from Him, not closer! Yet as your trust in Jesus increases, you'll make more and more faith choices to follow Him that will change your life for the better. Thus, healthy Jesus believers will choose to continually love Jesus throughout their day.

Our natural inclination, though, will be to ignore God (acting like He doesn't exist or won't help), walk away from Him and/or do whatever we want apart from the Father's help. Jesus will fight against this natural inclination. And, He's given us a source Who will help us make better and better faith choices, the Holy Spirit. We'll talk more about this in Chapter 6.

### **The Battle for Control**

Will you, at times, take back control of your life? Yes. This is normal because we live on a planet where daily challenges abound. Yet, how we view those challenges is important. These situations are designed to encourage us to turn to and rely on Jesus (James 1:2-4). And, as our faith in Jesus increases, we will give more and more control of our lives into His hands, which happens as you allow Him to show and prove Himself to you.

So here is a step of faith He wants you to take: Be baptized. Baptism is simply a public way of showing that you love Jesus. You're saying to the world, "I love Jesus and will walk with Him for eternity" (1 Peter 3:21). If you have not been baptized, now is the time to do it as a sign of your love for Him. You can have the person who prayed with you to put your initial faith in Jesus immerse you in water today! (Matthew 28:18-20)





### Key Concepts:

1. You have a brand new Father who loves you no matter what you do or don't do.
2. You're a child of God who is released from your past and from performing for God to be free today!
3. You are a victor, not a victim. Therefore, use the **FREEdom** process to experience the life Jesus came to give you.
4. You show your love for Jesus with every choice you make to listen and follow the truths He gives you from the Bible.
5. You grow as a child of God by making faith choices that Jesus has your best interest in mind, even when it doesn't feel right.
6. Express your love for Jesus by being baptized.

What is Jesus asking you to do?

Who is praying with and for you to see it happen?



**Jesus loves you.  
Now love Him back!**

## **Chapter 2**



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### **LET GO OF YOUR PAST TO ENJOY THE PRESENT!**

As a new believer in Jesus, you bring yourself into this new relationship. All of us carry excess baggage – being hurt by others or hurting ourselves. What do we do about it? In a word, forgive. This word, however, has been totally twisted. Therefore, we must understand what the Bible has to say about forgiveness so we can apply it to our lives.

Forgiveness is needed because all of us sin (1 John 1:8). It's our sin, our mistakes, that not only hurt us, but others as well (including God). It is the cause of all broken and damaged relationships. Sin basically says, "I will live my life my way whether anyone likes it or not." Yet the Bible reveals that the moment we sin, we deserve God's punishment and anger. We earn death, separation from God, for our mistakes (Romans 6:23), which drives our Father crazy. He created us to have a relationship with Him. He is the only source Who can and will satisfy our needs. It is because of this very separation that God, out of His extreme love for us, sent Jesus to take care of our sin problem.



#### **Jesus is Approachable**

By believing what Jesus did for us (died and rose again) we find forgiveness. By putting our faith in Jesus, our relationship with the Father is renewed. Because of Jesus, your new Father is totally approachable. He isn't carrying around a big stick ready to punish you every time you blow it. Get rid of this lie. The truth is that Jesus took all our punishment on the cross because we couldn't take it ourselves. Because of Jesus' actions, our Father is ready and willing to forgive us 24/7 365 days a year. All we have to do is admit our mistakes and ask His forgiveness. Guess what? He promises He will every time (1 John 1:9). Isn't this good news?

"But I don't deserve to be forgiven for what I did. I'm such a horrible person. I'm not good enough for God to forgive me." Wrong! Jesus paid an extraordinary price for your forgiveness (Hebrews 9:22) not because of who you are or are not, but because of who He is (1 John 4:7-12). The next time you blow it, don't beat yourself up or run away from your Father because you think He's mad at you. Simply admit what you did was wrong and ask Him to forgive you. Here's an example. "Jesus, I admit that what I said was a lie. Please forgive me." He will. End of story. Then use the **FREE**dom process to get up and restart doing what He wants you to do right now. Jesus is that approachable!



#### **What Letting Go of the Past Means**

But again you might be saying, "What about my past? What do I do with all those hurts, both done to me and the hurts I've caused others?" Jesus says, "Forgive as I have forgiven you." (Colossians 4:13) What? Let me explain forgiveness in a little more detail.

Sin causes separation in all our relationships. It robs us of the peace and happiness that we all seek. Forgiveness is what can heal our relationships so we can experience the very peace and happiness we desire. A lack of forgiveness, then, not only hurts your relationship with God and with others, but it



hurts you as well! It hinders your freedom (Proverbs 5:22). It keeps you focused on the hurt and in bondage to the past. Thus, the person who hurt you or the hurt you caused others acts like a ball and chain that drags you down. It keeps you from enjoying life now.

Furthermore, a lack of forgiveness can also lead to anger, bitterness, depression, all kinds of destructive behaviors, and physical problems (Proverbs 29:6; cf. 1 Peter 2:11, “wars against your soul”). It also allows your new enemy, Satan, to get his hooks into your life (2 Corinthians 2:9-11). He will use those hooks to pull you right back to your old lifestyle, the one that left you feeling empty and in need of Jesus in the first place. Lack of forgiveness can also repel the very people you need to be around in order to be healthy (Proverbs 16:28). For the most part, those who love you will stick by you, but generally speaking, people simply don’t want to be around angry, bitter or depressed people. Thus, you lose again!

### **The Importance of Forgiving**

We must begin to understand how important it is to forgive others and ourselves. Forgiving others allows God to forgive you (Matthew 6:14,15). If we don’t forgive others, God will not forgive us. By making this statement, your new Father is trying to stress just how destructive an unforgiving heart can be. He knows that an unforgiving heart not only leads to a path of bitterness and destruction, but it also blocks the Spirit from helping you on your journey to love Jesus. Either way you lose. By forgiving others, you win! It brings peace to your life and increases your love for Jesus (Luke 7:47,48). “Jesus forgave me for that? Awesome, thanks!” Forgiveness also brings answered prayer (Mark 11:24,25), and gives you a clean conscience (Hebrews 10:22; cf. John 13:1-17), which again brings peace to your heart and hope to your mind.



### **What Forgiveness Does and Doesn't Mean**

By now I hope you’re crying, “Uncle! I give! Show me how to forgive.” First, understand what forgiveness does and does not mean. Forgiveness **does not** mean forgetting. If we are to forgive as God does, can He forget anything? I don’t think so. So just like God doesn’t forget, we will not be able to forget the wrong done to us either. Forgiveness **does not** mean the person who wronged us will not be dealt with at some point in time. It simply means God, not you, will take care of them (Romans 12:17-21).

Forgiveness **does** mean letting the hurt go and not holding onto the wrong done to us. Because Jesus paid the penalty, God no longer holds our sins, mistakes, against us. That’s forgiveness. We can do the same. Though we can’t forget what happened, we can no longer hold it against them or bring it up again. It’s done and over with.

Forgiveness **does** mean we take a step of faith in Jesus, not whether we feel like it or not, to forgive. It’s an expression of love for Jesus (Ephesians 4:32; John 14:15). You’re stepping out in faith knowing Jesus will reward you for doing so, which in this case means growing closer to and more like Him.

Asking forgiveness of others brings you closer to those you hurt. As we’re all still “works in progress,” we will hurt each other. This is real life. Forgiveness then becomes a vital part of our journey together as a family of believers who love Jesus (Colossians 3:12-14). Forgiveness gives the other person room to grow without the fear of you leaving. It gives each person the room to become more like Jesus in the Father’s timing.

Giving forgiveness to those who don’t even know or admit they hurt you is also important. Your enemy wants to pull you in his direction – down. One of the ways he does this is to try and deceive you into thinking that by not forgiving someone, you’re actually striking back at them. Wrong. Not forgiving someone only allows him to put his hooks into your life so he can drag you anywhere he wants you to

go (2 Corinthians 2:10-11), which isn't good!

You might be saying, "You don't know what they did. There is no way God can forgive them for what they have done, is there?" Yes there is. Forgiveness is what Jesus is all about (Luke 24:47). Didn't He forgive all the wrongs you did? Yes. Doesn't sin, no matter what it is, separate you from God? Yes. Here in lies the point I'm trying to make. Others may have hurt you...real bad. Forgiveness is not about them. It's about you! It's about not giving your enemy any room to destroy your peace and joy. *It's about you working through the past so it no longer affects you today.* It's all about the freedom to stay in the presence of Jesus where all the "good stuff" you're looking for is found!

### **The How-to's of Forgiveness**

So how do I forgive others? The first thing you must do is to decide to forgive them (Colossians 3:13). Forgiveness is a decision, not an emotion, to obey Jesus. Emotion says, "I can never forgive you for what you did to me." "I just don't feel like forgiving them." Obedience says, "I love Jesus and He says it's in my best interest to forgive. I will forgive the person who hurt me." Once you decide to forgive, you not only become a healthier believer, but you can also forgive when asked or forgive even if the person who hurt you never asks. Remember, forgiveness is about you and your ability to live in peace today, not about them. Once you decide to forgive, you can forgive and never bring it up again. This allows you to get on with living in the present using the **FREE**dom process.

Will you be able to forget? No! In fact, in some cases, each time you're around that person again, anger may rise within you. How do you deal with that situation? Tell yourself the truth, "I already forgave that person." Give the pain to Jesus. Then restart the **FREE**dom process and get back to what you were doing before you saw that person or remembered the hurt. Focus on the truths you need to stay free. Trust me, in time the pain *will* go away.

Let me illustrate this for you. I remember the day it happen as if it just happened. I was living in Mexico City at the time. We were playing softball on a blacktop diamond field that had a huge boulder four feet behind home plate. I hit a line drive into the gap between right and center field. I took off like a rabbit. As I rounded third and was about to touch home plate, I realized that I was going too fast to stop and hit my shin on the rock. Oh did it hurt. The impact left a huge bloody gash. The bad part was that the closest first-aid kit was an hour away in my apartment. Needless to say by the time I got home the blood had clotted and the wound looked real ugly.

I knew what I had to do. I got some hot soapy water and started cleaning the leg. Ouch! It hurt just as bad as when I hit the boulder. Once it was clean, I put hydrogen peroxide on it. Burn baby burn! Yet I knew all of this was in my best interest. If I didn't want the leg to get worse, I had to go through the pain of ripping off the scab and cleaning out all the dirt from the wound.



Did the pain go away when the scab appeared? Not a chance! Have you ever hit a scab, especially on your shin? It hurts big time. But I also knew that if I left it alone, in time the scab would go away and leave a scar that wouldn't hurt when touched.

We feel pain just like my shin did from hitting the boulder when someone hurts us. If we choose not to forgive, we make our lives worse just like my leg having to wait until I got home to clean it. If we continue to choose not to forgive, we then choose to let the pain get worse, just like my leg would have if I'd not cleaned it. Forgiveness is the cleaning out process. The sooner it's done the better. Yes it hurts to pull off the scab, but the healing can only begin once the wound is cleaned.

Further, choosing to forgive also helps every time you see the person who hurt you or you remember the incident that caused the hurt. The pain from the wound takes time to heal, just like it takes time for the scab to go away. In time, however, the pain will get smaller and smaller until all you have left is the memory, not the pain. The cool thing is this that you still have your leg to enjoy life today!

## Get the Hooks Out – 4 Steps to Freedom

Let me give a few steps to take to forgive others. Keep in mind that forgiveness is a crucial tool for your walk with Jesus. In order to live as free and healthy believers (Galatians 5:1) who love and become like Jesus, you must get all the “hooks” out of your life.

### Pre-step 1: Remember Who You Are

You’re God’s child. If you ever hear or start to think negative thoughts, tell Satan to leave you! He does *not* want you to be free and will try to keep you from this process. Get in a place where you can quietly listen to the Spirit of God.

### Pre-step 2: Get Someone to Pray with You

You are not alone, but the enemy wants to make you think you are. Have someone pray with you while the Spirit helps you in examining your heart. The battle is for your mind. The only way you can be kept from being free is to listen to the enemy. If at any time you sense him attacking you, let your friend know so they can pray with you.

### Step 1: Work Through Your Hurt by Forgiving Others

Acknowledge the hurt and the hate. Let God bring the pain to the surface so He can clean out the wound. This is where healing and freedom take place.



Get a pad of paper and a pen. Ask the Spirit to bring people and/or incidents to your mind. Write down the names and offenses of all those He brings to your mind. If you can’t remember specific names, ask Him to bring back the memory of what happened to you. The more specific you are, the more effective this step will be. Once you’re done writing, one by one choose to forgive each person and/or memory on your list aloud: “Lord, I forgive (name) for (specifically identify all offenses and painful memories). In Your name, amen.”

If more names come up, write them down and repeat the process. When you’re finished, burn or shred that piece of paper. You have forgiven them. You will no longer hold what they did against them. You are free, so let it go!

If the memories come back, put up your shield of faith. Rebuke Satan in Jesus’ name and tell yourself that you forgave that person for the hurt they caused you. Don’t give the memories any more “head time.” Get back to what you were doing before the memory interrupted you. If new memories or if you are hurt again, repeat this step.

### Step 2: Cutting Loose Your Past by Asking Forgiveness

In some circles this is called “making amends.” We are human who hurt others. We can help them become more like Jesus by asking forgiveness from those we’ve hurt. This step also teaches us to be sensitive to how we treat others. We can quickly correct the situation through asking their forgiveness the moment we realize we’ve hurt them.

Get a pad of paper and a pen. Ask the Spirit to bring to mind the names of those you’ve hurt and what you did to them. Be specific. Then ask Jesus how He wants you to approach those on your list. Telephone calls are best, face to face is next. Never email or write a letter to the person you’ve hurt, unless the person has passed from this planet.

As the Spirit gives you opportunity, by faith ask each person on your list to forgive you. Don’t just say you’re sorry! Give just enough detail so the person you’re asking forgiveness from knows that you know what you did. Then ask them to forgive you for whatever you did to them.

If they say no, hold on to the truth of Romans 12:18. We are to do all we can to be at peace with oth-

ers. If they are not ready to forgive you now, don't beat yourself up! Be ready to ask again when the Spirit gives you the opportunity. If you can't find those on your list, be ready to ask them when the Spirit brings them across your path.

### **Step 3: Repent of Occult or False Religious Practices.**

Go after the obvious first. Cut the ties from all your previous or current involvement with satanically inspired occults or false religions.

**Pray:** "Dear Father, I ask you to reveal to my mind all the cult or occultic practices, false religions, and false teachers with which I have knowingly or unknowingly been involved."

As He brings items to your mind, write them down. If you need help recognizing what items you need to be released from, get a list from your MiniChurch shepherd, or email me. Then when no more items are brought to mind, confess and renounce them one by one praying, "Lord, I confess that I participated in       (specific item)      . I ask Your forgiveness, and I renounce       (specific item)      . Thank You that in Christ I am forgiven."

Once you have covered every item on that list, shred or burn it. It's done.



### **Step 4: Renounce the Stuff Your Ancestors Did.**

Satan's attacks can come through what our ancestors have done (Exodus 20:4,5). When you tear down a satanic stronghold, which has been established in your family, you may have some resistance. In order to walk free from past influences pray the following prayer.

**Pray:** "Dear Heavenly Father, I come to You as Your child purchased by Jesus. I have now rejected and disowned all the sins of my ancestors. As one who has been delivered from the power of darkness and placed into Your family, I cancel out all demonic workings that have been passed on to me from my ancestors. As one who has been crucified, raised with Christ and who sits in His lap, I reject any and every way in which Satan may claim ownership of me. I declare myself to be eternally and completely signed over and committed to the Lord Jesus Christ. I now command every familiar spirit and every enemy of the Lord Jesus that is in or around me to go to the pit and to remain there until the Day of Judgment. I now ask You, Father, to take control of my life through the Holy Spirit. I submit my body as an instrument to be used by You, as a living sacrifice, that I may glorify You in my body. All this I do in the name of Jesus, Amen."

**Aftercare:** Stand firm in your freedom by getting into a Bible Impact Group, which we'll talk about later! You can thank Dr. Neil Anderson in his book, *Victory of the Darkness*, for Steps 3 & 4.



#### **Key Concepts:**

1. Jesus is totally approachable. He is ready and willing to forgive any and all sin.
2. Because of what Jesus did, you can work through and let go of your past to walk in peace today.
3. When we ask, God's Spirit will bring back to our memories incidents in the past that need to be dealt with through forgiveness so we and others can be free today.
4. As a child of God, you can keep Satan out of your life through a humble surrender to Jesus.

What is Jesus asking you to do?

Who is praying with and for you to see it happen?

**It's for  
FREEDOM  
that  
CHRIST  
has  
SET YOU FREE!**

## **Chapter 3**



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### **Becoming Like Jesus Every Day**

Now that your past is taken care of, enjoy the present! Stay free. How? By becoming more like Jesus every day. Remember that you are a child of God no matter what you do or don't do. You can now become a healthy Jesus believer by listening to Him and following Him through faith choices to do what He says everywhere you go.

#### **Talk with Jesus and Your Father All the Time**

Now the natural question comes, what does Jesus want you to do? He simply wants you to hang out with Him all day and night. He wants a deep and satisfying relationship with you. And in order to build this type of relationship, you've got to be around and talk with Him. With God, the start of this process is called prayer.

When it comes to your walk with your Father, there is nothing too small to talk over with Him. He wants you to talk about anything and everything with Him. He loves you that much. He is ready and expectantly waiting to hear from you. The smart phone and TV are turned off. The paper is down. He is totally focused on you. So talk. You have His full attention 24 hours a day.

As you talk with the Father, you not only make Him happy (Proverbs 15:8), but it gives you joy as well (John. 16:24). When you see God change your life because you've asked Him to, it strengthens your faith. "Hey, God works! If He helped me overcome this challenge, maybe He can handle other areas in my life as well."



#### **How to Pray**

So how do you pray? In Matthew 6:9-13, Jesus told us to focus on the Father. Simply start off by addressing Him: "Dear Father, my Father, or Lord," (whatever He leads you to say). Then share your heart with Him. Let Him know what's going on in your life. Share your secrets, your hurts, your victories, your needs, your desires, etc. Bottom line, share your life with Him! He is your Daddy and wants to hear about everything that's going on in your life. And when you're done praying, simply recognize that Jesus is the one who made it possible to have this new relationship. You can say anything you want, but here is a simple closing statement: "In Jesus' name, Amen."



When talking with God, keep a few things in mind. One, He is not the candy store. "I want this. I want that." He is more than your new Father. He is God who desires your worship. Therefore, spend some time thanking Him for Who He is (character qualities – love, strong, giving, merciful – that mean something special to you) for what He's done for you, and for what He can do for you. God knows that when we remember what He has done for us in the past, we are more apt to believe He will come through for us in the present. This is called giving thanks, praise and adoring Him.

Two, prayer is one of your weapons against your enemy (Ephesians 6:18). What areas of your life do you want God to change? Pray for victory. What lies are you holding onto in your heart and head? Ask



God to show you. What lies (**E**xpose) do you need to replace (**E**xchange) with truths from the Bible? Ask Jesus to show you. Where do you see your enemy wanting to attack? Pray for God to show you how to stay clear of it.

Three, prayer is sharing your dreams and disappointments, your wants and desires...your life with the Father. "Trust in the Lord and do good; dwell in the land and enjoy safe pasture. Delight yourself in the Lord and He will give you the desires of your heart." (Psalm 37:3,4) As you share your life with Him, He will begin to shape it into something that brings lasting peace and true satisfaction.

### **Building Better Relationships**

Relationships are built upon trust and trust is built upon getting to know someone. The more you know someone, the more you're capable of trusting them. When you talk with God, ask Him to help you know Him better. Then as you know Him better, you can trust Him more ("Trust in the Lord," "delight yourself in the Lord") that He will reward you for following Him ("give you the desires of your heart"), which again helps you become a healthier believer who loves Jesus.

Therefore, ask the Spirit to deepen your love for Jesus and make you more like Him every day. As this trust relationship grows, you will begin to see life through His eyes. You will know more and more what He wants done in a particular situation. As you enjoy being in His presence, you will begin to feel comfortable enough to "deposit" life at His feet. Thus, the more you talk with Jesus the deeper your relationship with Him will grow. And, the more you will begin to see talking with Jesus as the first action step for every situation you face.

Here is a quick way to remember all this: **F**ACTS. Direct your prayer toward the **F**ather. **A**dore Him by thanking Him for Who He is and what He has done for you. **C**onfess your sins to Him. He knows all your sins anyway, so get them off your chest. Confession not only brings forgiveness, but also healing to your body – Psalm 32:1-5. **T**alk with Him about life. **S**pecifically ask God for not only your needs, but also for the needs of others, including your friends and family coming to believe in Jesus.

### **Listen to Jesus**

Now that you've talked to Jesus, it's time to *listen* to Jesus. Every relationship demands two-way conversation to help it grow. Jesus can speak to you while you are praying. Thus, you should make time to sit silently and let Him speak. Often when answers do not come right away, we want to go ahead and do something about it. But Jesus will answer **if** we are willing to patiently wait on Him (Matthew 7:7,8). Don't stop asking or listening until you get an answer! How badly do you want it? How close to Jesus do you want to get? Keep talking with Jesus. Keep waiting for Him to speak.



He will not only speak to you in prayer, but He will also speak to you through the Bible. In fact, it is the main way to hear God speak. The Bible is not only your Father's "love letter" to you, it's also His instruction manual on how to live each day to the fullest. As God speaks to you through the Word, you will come to love and trust Him more and to understand what Jesus is asking you to do in any given situation. When you have a vital personal intake of the Bible, your love for Jesus will deepen greatly.



Guess what? You can trust Bible. It's the most remarkable book ever written. Forty people from several countries, a variety of backgrounds and occupations, and speaking three different languages wrote the Bible over a period of approximately 1,500 years. Yet the Bible is a well-organized unit with one great theme and central figure — Jesus Christ. All of this would be impossible unless the Bible had one supreme Author, which it did – the Holy Spirit of God.

The Bible contains 66 books divided into two parts, the Tanakh (some call it the Old Testament) and New Testament. The over-all theme is to show us how to live both now and forever in a loving relationship with God and with each other through Jesus Christ. The Tanakh contains 39 books, which show

us where humanity came from, the mess they made and God's plan to clean it up, Jesus. The New Testament contains 27 books, which reveal how Jesus brought us into a loving relationship with the Father, how He will help us live today and how someday He will come back to get us to live with Him forever.

Don't be afraid of all this! God wrote the Bible so He can talk with you. Come with the expectation that He will speak to you through it. As you begin to read, simply ask the Holy Spirit to help you understand what your Father wants you to know. Paul wrote, "I keep asking that the God of our Lord Jesus Christ, the glorious Father, may give you the Spirit of wisdom and revelation, so that you may know Him better." (Ephesians 1:17)

Listen to the Spirit as you read. It's His job to guide you to the truth (John 16:13). This is one of the most crucial steps you can take as a brand new child of God. Start reading the Bible asking God to speak to you through it. You can download a Bible reading program from my website ([morethanasundayfaith.com](http://morethanasundayfaith.com)) or your smart phone and join and/or start a *Bible Impact Group* (see Appendix B: *Starting A Bible Impact Group*). The important thing, though, is to take time every day to read and ask Jesus to speak to you. For now, don't worry about the details. They will come in time as you participate in a MiniChurch (a small gathering of Jesus believers), come to the Services (a larger gathering of Jesus believers), and take classes at the *Discipleship Training Center*. Come with the attitude that you want to fall deeper in love with Jesus, to consistently be in His presence and to develop a closer relationship with Him.

The way to do this is to put what Jesus says to do into practice using the **FREEdom** process. You can either know about God or you can know God. It's your choice. Jesus said, "If you love Me, you will obey Me" (John 14:23). So, when God speaks to you through the Bible or prayer, ask Him to coach you as you practice it. Again, will you make mistakes? Yeah. So? Even though God wants us to be perfect (1 Peter 1:15,16), He knows we're a journey to become like Jesus. This means we will fail at times. Yet, it is through His grace (i.e. room to grow on that journey without the fear of Him getting mad) that He will forgive us (1 John 2:1) and give us a hand up to start walking with Him again.

As you walk on your journey and make mistakes, what do you do? Just like you do in any other strained relationship. You acknowledge you messed up (confession) and ask His forgiveness (1 John 1:9). He will of course. Then you're back walking on your journey with God again!



### **Key Concepts:**

1. You can talk with the Father anytime about any and every thing.
2. Jesus wants to speak to you, so listen up in prayer.
3. Listen to Jesus through reading the Bible and then asking the Spirit to give you the strength to practice what you heard—the **FREEdom** process.

What is Jesus asking you to do?

Who is praying with and for you to see it happen?

## **Chapter 4**



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### **BE A PARTICIPANT IN SHARING JESUS' LOVE WITHIN THE FAMILY**

As you read the Bible, God's Word, and listen to Jesus in prayer, you should be discovering what He wants you to do. Hopefully you're also discovering that what He wants you to do involves your new family, other Jesus believers. He wants to use you to help them become healthy believers who love Jesus as well.

#### **You Are Part of a New Family – His**

When you became a child of God, the Spirit put you into a new family (1 Corinthians 12:12,13). This family was designed by your Father to help you develop a deeper love for Jesus, and to share that love with others.

One of the things you must understand about this family is that your Father is more concerned with who you are becoming rather than what you're doing for Him (1 Timothy 3:1-13; Titus 1:5-9; Galatians 5:23,24). So don't compare yourself with others. Each person will walk on their journey at different rates. Let your Father work on His timetable as He wishes both in you and in them.



Another thing you must understand about this family is that God will use other family members to help you become a healthy Jesus believer (Hebrews 10:24,25). He will use your new family as a chisel in His hands to shape your character to be more like Jesus (Ephesians 4:11-13). Yet, these people are just like you, imperfect people being shaped by God themselves. What do imperfect people do? They hurt each other, sometimes knowingly, but mostly unknowingly. We all come to Jesus with different backgrounds, problems and challenges. This can make for a wonderful mix in the family of Jesus believers, the church — a group of people on a journey to become like Jesus together.

#### **How to Relate to Other Family Members**

And since we're all on a journey together, God knew we would need room to grow as we make mistakes, hurt each other, and help each other grow. So, He has shown us many different ways how to relate to each other while on our journey to develop a deeper love for Jesus.

We are to be *devoted* to each other (Romans 12:10). This means we are to make the commitment to never leave the church family even when something negative happens. Everyone grows at different rates, so we should be committed to each other's health as believers. This leads to *accepting* each other (Romans 15:7), though not liking all that each other does, while loving them toward being like Jesus. We all have strengths and weaknesses, good qualities as well as quirks; but, we still support and encourage each other anyway.



As you accept them, you will need to *put up* with them (Colossians 3:13), give them room to change, while *forgiving* when they hurt you (Colossians 3:13), which we talked about earlier. This does not mean you keep your mouth shut when they hurt you or when you see them doing something that is not pleasing to Jesus. The Father also wants us to *correct* one another (Romans 15:14). We are to

take the tough path by taking the risk of being rejected through letting them know how they got off the path. However, when we do this, it should be done in a loving way that will help them get back together with and become closer to Jesus (Ephesians 4:15,16). This is called *serving* them (Galatians 5:13). Our Father doesn't want us to correct them and leave. Instead we are to do whatever we can to help each other become healthy in Christ by correcting and deciding to stick around.

To this end, God has given us the glue that will hold it all together, *love*. This guides everything we do as Jesus followers (1 Corinthians 13; Colossians 3:12-14). And what's another word for love? *Commitment*. It's the decision to hang in there no matter what happens. Love does not head out the back door when trouble enters the front. Love says, "I am committed to you and to you becoming like Jesus forever, no matter what." We all need this kind of love. So let's give it to each other!

And a good place to practice all this is at *MiniChurch*. A *MiniChurch* is a small group of people who share their struggles and hopes, and encourage each other to keep progressing on their journey to become like Jesus (James 5:16). It's about creating an atmosphere where people can be real, are able to ask hard and/or heart wrenching questions without fear of rejection or being judged. It's also the place where you will be given the tools to get closer to Jesus, especially to practice using your spiritual gifts.



### **You Have Been Given New Abilities**

But you might be saying, "I can't do that!" Yes, you can. The Spirit of God lives inside you and has given you specific abilities to help others love and become like Jesus. These abilities are called spiritual gifts. (Appendix D: *Spiritual Gifts Definitions*). The Bible lists quite a few of these gifts from teaching to encouragement, from sharing Jesus to helping out in the family.

The Bible says you have at least one specific God-given ability (1 Corinthians 12:7,11) to help others in the family develop a healthier Jesus faith. By listening to Jesus and doing what He tells you, you will use that gift. Don't worry about what gift you have, just be obedient to what Jesus tells you to do. Guess what? By doing so, not only will you be blessed by your Father, but the one you helped will be blessed too! So go for it. Get involved in a *MiniChurch* and allow God to use you to develop the Lord's character in another brother or sister. As you begin to reach out to those in the family with God's love, you will discover your gifts.

### **Use Your Talents to Make More and Healthy Disciples**

Your new Father not only gave you a spiritual gift at your spiritual birth, but He also created you with certain abilities at your physical birth. Thus, the first step in learning where God wants to use you in people's lives — making more and healthy disciples (Matthew 28:18-20) — is to ask yourself a number of questions. What do you enjoy doing? What hobbies or activities do you feel good doing that could be used to serve Jesus? What have others said that you're good at and are encouraged when you do it? When you find yourself getting passionate about something, what is it?

Whatever you are good at and enjoy doing, can now and should be done for Jesus within your new family and with those who don't know Jesus. Whether you are an introvert or an extrovert, Jesus has a place to be and people for you to touch with His love. Whether you are a person who moves through life with their head or their heart, the Spirit can use you to touch lives for Jesus. *Who you are* — your personality, your abilities, your spiritual gifts — *will affect where you serve, not if you serve.*

And the best way to find a ministry that fits you is to start experimenting. Serve! Try something out. If it doesn't fit, try something else. You are not a round peg getting crammed into a square whole. Listen to and follow Jesus every day everywhere. So let Him guide you to where He wants you to fit. By doing this, you





will be worshipping Him and making more and healthy disciples—those who love Jesus, become like Jesus and share Jesus.

Therefore, keep trying different options until you find one that fits. You are not a failure for trying to find the place where God wants you to be, which sometimes means finding out what you are not good at as well. Thomas Edison didn't fail in the hundreds of times his light bulb didn't work. He simply discovered hundreds of ways that didn't work.

### **Have a Servant's Heart**

When it comes to finding the right place for you to make more and healthy disciples, ask yourself, "What would I do whether anyone ever patted me on the back for doing it?" When we put our faith in Jesus, we asked Him to be Lord of our lives. This means we have a Master who tells us what to do, not the other way around. Loving Jesus through serving His family, means giving up control of our time, talents and treasures and allowing Jesus to use all three anyway He desires at any given time.

### **Use Your Time for Jesus**

Jesus has given you other valuable asset besides spiritual gifts and talents. He has given you time. Simply by making the time to be around believers and prebelievers (those who don't know Jesus yet!) and being willing to be used by your Father, you can make more and healthy disciples of those He places in your life.

When the Spirit puts a need in front of you and the ability to do something about it, He is giving you the chance to grow in making more and healthy disciples. Surrender to your Master and do it.

A wonderful Christian servant said, "Do all the good you can, by all the means you can, in all the ways you can, in all the places you can, at all the times you can, to all the people you can, as long as you can."

### **Using Your Treasures for Jesus**

Jesus has given you another asset that can be used to help those around you love and become like Jesus, treasures or money. Now for some, money is a sensitive issue. But understand something from the beginning, I'm not after your money. It's my goal for you to become a healthy believer who loves Jesus by listening to and following Him every day everywhere.



How is this done? By allowing Jesus to change your life. As He changes your life, you'll trust in Him more and your love for Him will grow. One area in which He wants you to trust Him is your finances. Do realize that Jesus spoke more about money than He did about heaven, hell, immorality, or violence? He knew our hearts would be focused on whatever was most important to us. Do you trust Him or your bank account? Trust says act on His principles. Do you love Him or credit cards? Love means obey His commands. What are those principles? What are those commands?

**Principle one:** You belong to God (Psalm 24:1). In fact, your very breath is held in His hands (Acts 17:28,29). God could take you home at this very moment and you would cease to earn or own anything else! So as children of God, we're committed to money management not ownership. When you placed your faith in Jesus, you gave Him control of your life. And this is part of what it means to be Lord – *letting Him control the finances He has given you.*

**Principle two:** You should have a plan to give back to God (2 Corinthians 9:7). In other words, put it in your budget. When you plan to give back to Jesus you show: 1) who your Lord really is (Matthew 6:24); 2) your gratitude for what He has done for you (2 Corinthians 8:9); and, 3) your faith in Him to provide for the future (Malachi 3:10). So plan (i.e. budget) to give back to God. Proverbs 21:5 states, "The



plans of the diligent lead to profit as surely as haste leads to poverty."

**Principle three:** As you give back to the Father, He will reward you. Remember when we talked about faith earlier? God will reward you for stepping out on faith. In fact, the Father promises to meet all your needs (2 Corinthians 9:9). He basically says, "You give and I will give." It's that simple. Do you love Him enough to give, which means do you trust Him?

**Principle four:** How much should you give? The real question is, "How much do you love and trust Jesus?" In order to become a healthy believer we must ask, "Is my faith in Jesus and His Word increasing?" The amount or percentage of what you should give is all a matter of faith in Jesus and His Word (Romans 12:3). The level of your trust will determine the amount you give.

However, a good guideline to follow is this: strive to give 10% (Genesis 14:20) of your income as a minimum and then go beyond. Build your faith. Test the Lord. Jump in and give 10% now. But if your faith needs building, take baby steps. Start with say, 3%, then raise it each month. See what God does.

You are capable of sharing Jesus' love with others in the family and those who don't know Jesus yet. You can do it by using your talents and spiritual gifts, your time and your treasures( money). Step out in faith and see God reward you!

### **You Can Set Others Free**

There is one more way you can make more and healthy disciples – forgiveness. As you read earlier, anger, hurt feelings, bitterness can destroy any relationship, even between believers in Jesus. As we are on this journey of loving Jesus together, we can and will hurt each other. So what do you do if you get off the path or take a detour on your journey? Bottom line, what if we sin? Ask for forgiveness. Forgiveness is the healing agent that helps you stay tight with others in the family. Forgiveness gets you back on the path to loving your God more.



Remember our talk about forgiveness in Chapter 2? Now is the time to apply it in your every day life, not just with your past. Don't let a day go by where you have not asked God where you have hurt Him. Let Him show you. As He does, ask His forgiveness. You know He will! This keeps you close to and on the path towards becoming a healthy believer.

What happens when you sense the Spirit telling you that you hurt someone else? Go ask their forgiveness! Admit that what you did was wrong and ask them to forgive you. Don't make excuses or say you are sorry. That only makes *you* feel better. Ask them to forgive you and wait for their response. If they forgive you, tell them thanks. If they don't, step back and let God work. He has only asked us to do what we can (Romans 12:18).

No matter how many times, keep on practicing forgiveness. Why? One, we are all on the same journey where mistakes can happen. Two, and most importantly, Paul says we are to forgive as God forgave us. How much have we hurt God? A little, a lot, huge amounts? I stopped counting a long time ago? You get the point.

Let me repeat. Keep short lists. When you hurt God (i.e. sinning) or others take care of the problem as soon as possible! Once you get forgiveness, reassure your friend of your commitment to staying their friend.

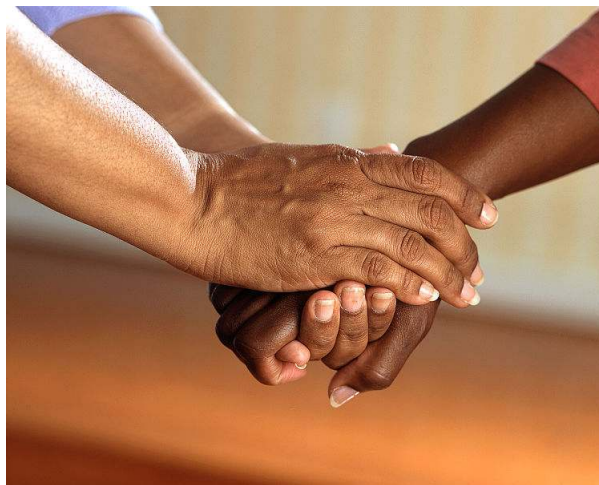


### **Key Concepts:**

1. You are part of a family designed to help each other develop into healthy believers. So hang out with that family at a church service, MiniChurch (small gathering of the church) and/or in a *Bible Impact Group* (Appendix B).
2. You have talents and interests the Spirit can use to make more and healthy disciples. Start using them.
3. You have been given time and treasures that can also be used to show your love for Jesus.
4. Do whatever you enjoy doing for Jesus with excellence.
5. You can keep the love flowing in your new family through forgiveness.

What is Jesus asking you to do?

Who is praying with and for you to see it happen?



**You are part of a family of believers  
who love Jesus  
that helps each other  
along their journey towards  
being like Jesus.**

## **Chapter 5**

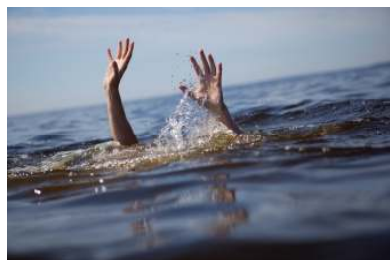


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### **BE A PARTICIPANT IN SHARING JESUS' LOVE OUTSIDE THE FAMILY**

Not only does our Father want us to share His love within our new family, He also wants us to share it with those who are not part of His family. I like to call these people prebelievers as they are just one step from believing in Jesus. We share His love with them not only because Jesus told us to do it (Matthew 28:19,20; Acts 1:8) and because we love Him (John 14:23); but also because prebelievers need Jesus! “Salvation is found in no one else, for there is no other name (cf. Acts 4:10 “Jesus Christ of Nazareth”) under heaven given to men by which we must be saved” (Acts 4:12). People need Jesus’ love. And just like you were, they are only one decision away! We can show them where to get it.

The natural question that arises is, how do you share with those who don’t know anything about Jesus? First, you must be around prebelievers. Just because you’re a child of God and belong to a new family, don’t throw out your old friends! You can be the light they need to see Jesus. Furthermore, keep doing the things you like to do from the last chapter, just keep doing them around and with those who don’t know Jesus...yet!



Beyond this, as you go to the supermarket, mow your lawn, head to the hardware store, get gas, sit in school or just about everywhere you go on your daily travels, the Spirit can bring people across your path with whom you can share what Jesus has done for you. Yes, we all have to-do lists that need to get done each day. Is this list more important than the people around you living without the hope you now have? By slowing down your daily routine just a little, the Spirit can use you to give others hope.

Then as you’re around people, watch them. Is there someone crying? Do they need a helping hand with their grocery bags? Listen to them. Where do they hurt? Where do they struggle? What are their needs?

As you feel God’s Spirit lead you, share with them how Jesus helped you in a similar situation. This is called being a witness. A witness shares what they have experienced Jesus do in their own life. You can share how your new Father has helped you through your struggles, fears and challenges. More than likely, these struggles are the same ones others are facing.

If they ask why you became a Christian, you can use the following simple format to share your Jesus story. First, describe what your life was like before Jesus or your current challenge. Give only enough details for them to understand the change Jesus has made in you.

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Second, describe how you met Jesus or went to Him for the answer to your challenge. Why did you decide to follow Jesus? What things happened in your life that caused you to discover Jesus and commit

your life to Him? If someone was instrumental in your believing in Jesus, mention their name and their relationship to you):

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Lastly, describe what Jesus did for you. What have been the benefits of knowing Jesus? What changes have taken place in your life?

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It's that simple! A good exercise would be to write it out. Don't worry about the grammar or spelling. You're the only one who will see it. The process of writing it out will help you think through what Jesus has done for you. You can then use this information to help you learn how to share it.

Another way to think about your story is this: What have been the major life lessons you've learned since coming to believe in Jesus? What has Jesus taught you from failure? Have you ever had an addiction the Lord delivered you from? Other people have these same challenges. If you are listening when they start talking, you can share how Jesus changed your life (1 Peter 3:15) without being too pushy. The natural door opened and you simply walked through it.



Until those natural doors open, be praying for those around you (neighbors, relatives, friends, co-workers, and acquaintances) that the Spirit would open doors for you to be around them and to share with them what Jesus has done for you. Pray for the Spirit of God to do His job in this person's life (John 16:8-13). It's His job to make them children of God. Your only job is to share what you've personally experienced Jesus do in your own life.

You can also share Jesus' love through inviting them to be around other believers in Jesus. You can invite them to where you fellowship where they will hear about Jesus in ways they can understand; and to events where they can see that believers can have a good time too. They could also visit your *MiniChurch* where they'll see real healthy believers falling deeper in love with Jesus.

Lastly, you can also love on prebelievers by praying for missionaries around the globe. Jesus said to be His witness around the globe (Acts 1:8). You can't be around the globe, but you can pray for our brothers and sisters in Jesus who are. You don't have to limit yourself to just praying either! There are opportunities for you to leave home to share about Jesus as well. Be ready to go when the Spirit calls!

### Sharing how to know Jesus

Now what if the person with whom you are sharing says, "How do I become a Christian, a believer in Jesus? Can you help me?" You certainly can! Have them pray to Jesus in their own words telling Him they want Him to be their Savior and God. They can even pray what you prayed or pray through 1 Corinthians 15:3-4 in their own words, "Jesus thank You for dying for my sins and rising from the grave to be my God and Savior to give me life today and forever. Amen."

The Bible doesn't give us a set prayer to pray at this time. It's simply an expression of their heart to

Jesus of turning their life over to Him and then continuing to grow in their love for and become like Him. After they talk to Jesus have them fill out the Born Again Certificate. It's a certificate that they can look back in the future if doubts arise about their decision to love Jesus.

As the Spirit leads you to share Jesus, keep in mind the following:

1. Don't be concerned about changing their lifestyle. You **are** concerned about putting them into a relationship with Jesus, who will change their lifestyle if they let Him. The basic need of prebelievers is eternal life (Luke 10:20), not temporal help or peace.
2. You don't have to know everything. A witness is someone who shares what they have experienced and know to be true. You are witness of what God has done in your life (Acts 5:29-32).
3. You can't "argue" anyone into the family of God. Salvation is a moral issue, not an intellectual issue. The reason a doctor will not put their faith in Jesus is the same reason the person who bags your groceries may not. They just don't want Jesus! So avoid arguing. Here are some possible replies you can use to avoid confrontation: "I'm glad you asked that." "That's a good question, and I think you'll understand it as we progress in our discussion." "I'm glad you asked that, and I can see where that would hinder your understanding of what I'm talking about." "I really identify with what you are saying, and I appreciate how you feel because I struggled with that same issue. I finally resolved it by..."
4. Don't feel like you have to be sharing your faith 24 hours a day to be a healthy believer either. Don't use the "shotgun approach" – spray everyone with what you know. Wait upon the Lord. Let Him open the doors for you to share with those around you. Relax and have fun! When He leads you to say something, do it.



### **Key Concepts:**

1. You have something, hope, and know someone, Jesus, that those around you need to know about.
2. Slow down and notice those around you. Be open for opportunities to share what you have and about who you know.
3. Be ready to share it when the Spirit gives you an opportunity to share.
4. Go for it when the Spirit opens the door!

What is Jesus asking you to do?

Who is praying with and for you to see it happen?



**You have a  
Jesus Story to tell, so  
be ready to tell it!**



## **Chapter 6**



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### **FOLLOW THE SPIRIT'S LEADING**

#### **You Have Help for the Journey**

Throughout this booklet, you have read: as the Spirit leads, when the Spirit talks, listen to the Spirit, when He leads, etc. What does all this mean? While Jesus was still on earth, He told His followers that He had to leave so He could send the Holy Spirit who would help us on our journey (John 16:5-15).

The more we grow as believers in Jesus, the more we will learn who the Holy Spirit is. But for now, here are a few things you should know about Him. One, He is God (John 14:17) and is fully capable of helping you love Jesus and your Father more (Romans 5:5; John 16:8). Two, it's His job to teach you how to pray (Romans 8:26) and to understand and to know the truth (John 16:15), which will help you grow on your journey to loving, becoming like and sharing Jesus. Three, it's His job to search your heart for stuff that needs to be changed as well as to reveal the things of God to you (1 Corinthians 2:10-12). Four, since it's His responsibility to help you on your journey to become like Jesus, you must listen to Him and let Him reveal Jesus to you and what Jesus wants to you to do (Revelations 2,3; Ephesians 1:17). Lastly, you must allow Him to lead and control you (Galatians 5:25; Ephesians 5:18) so that you make more and healthy believers.



As you allow Him to do these things in your life, He will encourage and strengthen you (Acts 9:31). As you give Him control of your life, you can filter life through Him and truly understand what is and what is not from Jesus (2 Corinthians 2:14-15). As you follow Him, you will gain insights into life you could not get on your own (1 John 2:20). As you learn to listen to Him, you will know what to say to those in your *Bible Impact Group*, your *MiniChurch*, on your job, and to those you come into contact with every day to help them either come to faith in Jesus or to love Him more.

The bottom line is that you have God living inside you in order to help you on our journey. As you learn how to follow the Spirit's leading in your life, you will develop a deeper love for Jesus. As He does this, He will use you to share that love with others to make more and healthy believers.

#### **Start following Him!**

A lot more could be said, but let's just get together with other children of God in a *MiniChurch* or a BIG and keep walking on that journey together towards becoming healthy believers who love Jesus with each choice to follow Him and His Word—the Bible (**Divine Truth**); who become like Jesus with other followers (**Nourishing Relationships**) ; and, who share Jesus with others about what He's done for you (**Accomplishing Jesus' Mission**).



#### **Key Concept:**

1. You have a Helper, the Holy Spirit, living inside you to help you grow closer to Jesus and the Father while making more and healthy disciples. Surrender to Him and listen!

What is the Spirit asking you to do?

Who is praying with and for you to see it happen?



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**Appendix A: Your New Identity**  
**Appendix B: Starting a Bible Impact Group**  
**Appendix C: Spiritual Gifts**

## Appendix A: Your New Identity

**I belong, I am loved, and I am accepted:**

John 15:15 –  
1 Corinthians 6:17 –  
1 Corinthians 6:19,20 –  
Ephesians 1:1 –  
Ephesians 1:5 –  
Ephesians 2:18 –  
Colossians 1:14 –  
Colossians 2:10 –

**I am significant:**

John 15:16 –  
Acts 1:8 –  
2 Corinthians 5:17f –  
Ephesians 2:6 –  
Ephesians 2:10 –  
Ephesians 3:12 –  
Philippians 4:13 –

**I am safe and secure:**

Romans 8:1-2 –  
Romans 8:28 –  
Romans 8:35f –  
2 Corinthians 1:21,22 –  
Colossians 3:3 –  
Philippians 1:6 –  
1 John 5:18 –

**Your Identity in Christ:**

**Truth:**

Don't waste time *discovering* who you are; instead *act* upon who your Father tells you who you are. Your identity is not based upon what you do, but upon what *Jesus* did for you.

You *are* a saint with a sin challenge.

You've been given a new mind – Christ's, so you can *think* correctly.

You've been given a new nature – Christ's, so you can *act* correctly.

The question is, "Will you *choose* to exercise the truth in your everyday situations?"

## Appendix B: Starting a Bible Impact Group

Hopefully, throughout this booklet you've discovered that every child of God needs to develop a deeper love for and become more like Jesus. You have also seen that He wants to use you and other believers in this process of making more and healthier disciples. You can accomplish both by starting a *Bible Impact Group* (BIG). This can be done with someone who either has been a believer for years or for only a few days.

A BIG is just like it sounds – letting the Bible impact your life. You meet on a weekly basis for about an hour asking four questions that delve into how each other's relationship with Jesus is going.

The goal of BIG is to help each believer process daily life using the Word of God so they can listen to and follow Jesus every day everywhere. As they do: lasting life change is experienced; joy, peace and love are tasted; and, purpose for real living today is gained.

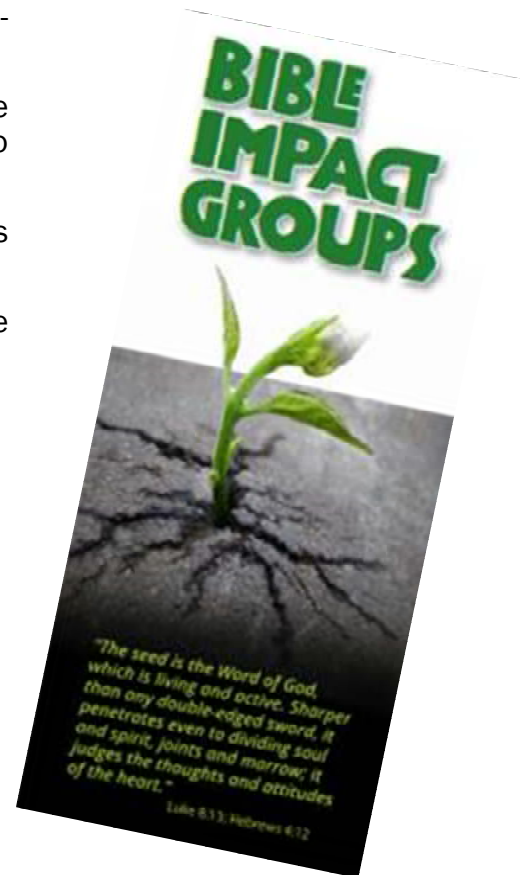
BIGs allow the Spirit of God through the Word of God and the people of God to change a believer's life from the inside out, and to allow every believer to make disciples/healthy believers. BIGs are not accountability to stop sinning, but to accountability to the biblical life-change process—the **FREEdom** process. As once God transforms one area of your life, He will use that same process to cleanse another one.

There was a BIG card included in this booklet, but in case it got lost, download one at [morethanasundayfaith.com](http://morethanasundayfaith.com).

### Here is a Simple Checklist to Follow:

1. Make sure everyone in your group has a Bible. If they don't and you or they can't afford one, contact me and I'll make sure they get one.
2. Read the BIG card and know how to use it. Talk with a Mini-Church Shepherd if you have any questions.
3. Ask the Spirit with whom He wants you to start a BIG. Give the person He puts on your heart a BIG card. Set a time to get together and start meeting!
4. No one is the leader as every one can ask the questions from the Card.
5. Invite those in your BIG to come to your Gathering and the Worship Service.

### Bible Impact Card



## Appendix C: Spiritual Gifts Definitions

**Apostle:** to use whatever spiritual gifts you may have in a cross-cultural situation to start and establish more local churches (Ephesians 4:11).

**Prophecy:** to receive and communicate an immediate message of God to His people and unbelievers that brings about edification and conviction about a present or future situation (Romans 12:6; 1 Corinthians 12:10; 14:1-40; Ephesians 4:11).

**Evangelist:** to draw closer to prebelievers in Jesus and effectively communicate God's message of love to them so that they place their faith in Jesus (Ephesians 4:11).

**Pastor:** to assume the shepherding responsibility for the spiritual care of a group of believers (Ephesians 4:11).

**Teacher:** to make God's truth relevant to people in such a way that they learn, grow and mature in Christ (1 Corinthians 12:28; Romans 12:7).

**Message of Wisdom:** to receive insight from the Holy Spirit into how to apply God's truth to a specific situation (1 Corinthians 12:8).

**Message of knowledge:** to receive from the Holy Spirit understanding about things that could not be known from any other source (1 Corinthians 12:8).

**Faith:** to discern what the will of God is for the future and trust in Him during difficult circumstances (1 Corinthians 12:8).

**Healing:** to be used of God to cause a complete and instantaneous physical healing by direct command or touch (1 Corinthians 12:9).

**Miracles:** to perform supernatural acts, which clearly demonstrate God's power as being greater than that of Satan (1 Corinthians 12:10).

**Discerning spirit:** to discern with assurance whether certain behavior purportedly to be of God is in reality divine, human or satanic (1 Corinthians 12:10).

**Tongues:** to speak foreign languages without any previous knowledge of that language (1 Corinthians 12:10).

**Interpretation of Tongues:** to translate for the benefit of others the message of one who speaks in tongues without any previous knowledge of that language being spoken (1 Corinthians 12:10).

**Helps:** to perform any task or responsibility with joy, which benefits others and meets practical and material needs (1 Corinthians 12:27).

**Administration:** to understand clearly the goals and to devise and help execute plans for the efficient operation and accomplishment of those goals (Romans 12:6-8).

**Service:** to bring immediate support or help to someone in the performing of a task, in order to allow others to perform other tasks, which they do more effectively (Romans 12:6-8; Ephesians 4:12).

**Encouragement:** to draw near to individuals in time of need to minister and persuade them to take courage in the face of something they must do or assure them to take comfort because of something that has happened (Romans 12:6-8).

**Giving:** to give their material goods and financial resources to the work of the Lord with generosity and cheerfulness (Romans 12:6-8).

**Leadership:** to set goals that will lead others in meaningful endeavors that demonstrate personal care and concern to meet their needs and encourage personal growth (Romans 12:6-8).



**Mercy:** to have immediate compassion for those suffering physically, mentally or emotionally and to translate that compassion into deeds to meet those needs with great joy (Romans 12:6-8).

**Hospitality:** to entertain guests in your home with great joy and effectiveness (1 Peter 4:9).

**Prayer:** to pray for extended periods of time on a regular basis and see frequent and specific answers to their prayers to a much greater degree than that of the average Christian.

**Additional gifts:** to bless another Christian, as long as it does not violate Biblical principles, to help them love and worship Jesus more intimately.

With spiritual gifts always remember two things: one) God is more concerned more about who you are than what you do. If using or searching for your gifts is done without love, your search and actions will be in vain (1 Cor. 13). Two, listen and respond to the Spirit. As you do what He says, you will automatically use your gifts. The most important thing is to love and listen to and follow Jesus everyday everywhere.

To get the most from this booklet, it's greatly suggested that you reread it while looking up the verses on your own and letting the Spirit speak to you.

Some of the material contained in this booklet was modified from *Steps to Freedom in Christ* by Neil Anderson.

Unless otherwise stated, all scripture quotations are from the *New International Version of the Bible*.

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## Born Again Certificate

This certifies that \_\_\_\_\_ has become this day reborn of the Spirit of God by putting his/her faith in the fact that Jesus died for his/her sins and was buried and raised on the third day according to the Scriptures to become his/her Lord and Savior on the \_\_\_\_\_ day of \_\_\_\_\_, in the year of our Lord, \_\_\_\_\_, at \_\_\_\_\_ (location).

This new birth was witnessed by \_\_\_\_\_.

**“You must be born again.” All who received Him, to those who believed in His name, He gave the right to become children of God.” John 3:7; 1:12**